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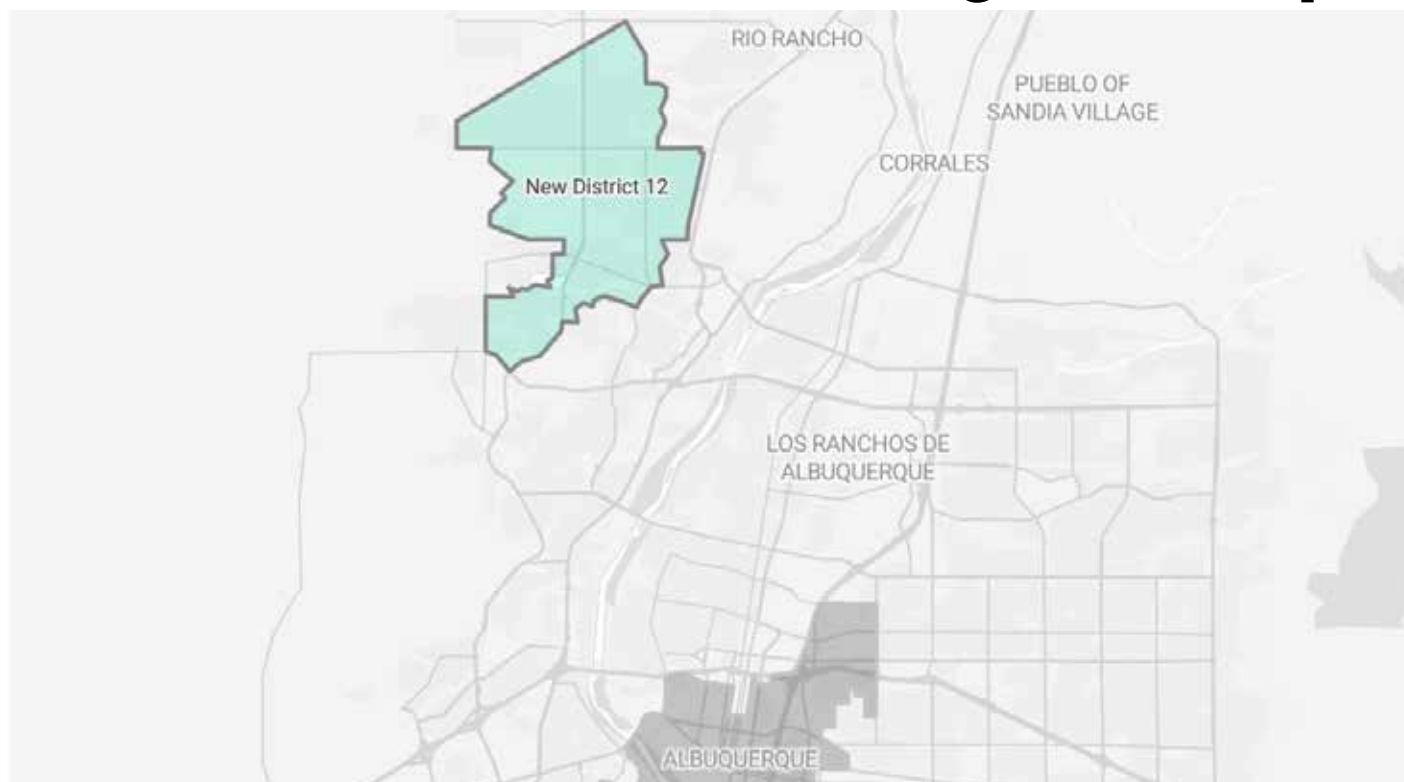
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VOL. 35 | No. 12

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MARCH 21, 2024

See Who is Running for NM Senate in First Election Since Redistricting Shake-up



Patrick Lohmann. (Source NMSOS and Legislative data)

Patrick Lohmann, Source NM

Last week, 82 candidates signed up to vie for a New Mexico Senate seat for the first statewide election since redistricting scrambled the Legislature's district maps two years ago.

The once-a-decade redistricting process created two new open Senate seats, and several incumbents chose not to seek re-election. Eight of the 42 Senate districts have no incumbents running.

Moving around district boundaries also changed the party makeup of some districts, according to a Source New Mexico analysis of Secretary of State and legislative data. Some of those changes were significant; in four districts, the share of registered Democratic or Republican voters

increased by more than 5% after redistricting.

The biggest partisan shift was in District 12, which outgoing Sen. Gerald Ortiz y Pino, a Democrat, held for 20 years. The district that was once in the heart of Albuquerque shifted north to include parts of West Side and Rio Rancho.

In December 2021, as lawmakers were debating the new Senate boundaries, 59% of District 12 residents were Democrats. Republicans comprised less than 14% of registered voters. Now, after redistricting, it's 38% Democrats and 37% Republicans.

Republicans Jay Block and Candace Thompson Gould are running for the new Senate District 23 seat, along with Democrat Phillip Ramirez.

At the moment, Democrats have 27

seats in the Senate, and Republicans have 15.

Changes to Senate district maps were also a factor in the resignation of a Republican party leader.

Redistricting shifted the boundaries of District 29, currently represented by Sen. Greg Baca (R-Belen) to include the Veguita home of Sen. Josh Sanchez, who represents District 30.

Instead of "allow(ing) the radical left to pit brother against brother," Baca said in a statement, he opted not to run for re-election and encouraged his supporters to vote for Sanchez.

Source NM is an affiliate of States Newsroom, the nation's largest state-focused nonprofit news organization, supported by grants and a coalition of donors and readers.

To find out what district you live in, visit nmlegis.gov/Members/Find_By_Address_Redistrict

How Much Noise Is Too Much Noise?

Rio Rancho wants input on 'unreasonable noise' ordinance

By Jesse Jones, Sandoval Signpost

How much noise is too much noise? That's what the City of Rio Rancho wants to know.

During the Thursday, March 14 Rio Rancho City Council meeting, the governing body postponed any action on the current noise ordinance until the April 11 meeting, allowing citizens to propose suggested language into the ordinance.

Rio Rancho's official X page posted, "The City's Unreasonable Noise Ordinance has subjective and undefined elements. The Governing Body is considering an ordinance update to reduce adherence and enforcement challenges. The City is seeking citizen input on the proposed update."

According to Peter Wells, the Rio Rancho Deputy City Manager, in the current noise ordinance, anything that annoys or disturbs somebody else is unreasonable.

The proposed ordinance aims to provide a clear definition of the terms and establish noise measurement standards. It sets specific times during which certain

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Las Placitas Association Annual Report 2023

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- **Safe Hike and Bike 165 Trail Project** – The dream of a bike and walking trail along Highway 165 began with looking to NMDOT to widen the shoulders along 165 (which is projected for 2017) but soon morphed into the prospect of an adjacent off-highway trail that would eventually connect to the greater Sandoval County Trail System and the RailRunner station in Bernalillo. The Sandoval County Sheriff's Department has taken the lead on this, securing funding for a feasibility study and now looking for recreation grant money to continue this project. LPA board members work on this in coordination with Sandoval County.
- **Rio Grande Trails** – LPA board members are involved in meeting with and reviewing recommendations from the Rio Grande Trail Association for a trail system generally running along the Rio Grande from Mexico to the Colorado border. This might include a regional trail loop around Sandia Mountain and we plan to ensure that it would complement rather than conflict with our desire for a slower-paced neighborhood trail through Placitas and our desire to protect the Crest of Montezuma as a wildlife corridor.
- **Hikes and Lectures** – We enjoyed a jeep tour for sustaining donors to the remains of Tejon, an historic village on Diamond Trail Ranch. In September we sponsored a trip to Chaco Canyon as an art adventure that has inspired an exhibit at the Placitas Community Library this July. The exhibit will be open to all artists and all media with the call expected in mid-May. There were three hikes in 2023 guided by David Haigh – Gilman Tunnels in March, La Cieneguilla Petroglyphs in April and Sandia Cave in May. Extreme heat slowed us down mid-summer. Watch the Signpost for hike announcements beginning April 2024.
- **Gravel Mining** – It's official! The Placitas Withdrawal has been released with a thirty day period for public comment (February 15-March 15). LPA has reviewed the document carefully and endorses its adoption. We highlight the following: (1) The BLM expanded the scope of the withdrawal from sand and gravel mining to include all minerals. (2) The proposed recreational uses include some things that may not be to Placitans' liking. For example, the BLM was constrained by the current (outdated) Resource Management Plan which permits off-road vehicles and shooting north of the power lines. LPA's goal is to make sure all proposed uses are carefully evaluated during the Environmental Assessment, striving to make The Buffalo Tract a place for low-impact enjoyment and protect the Crest of Montezuma's essential wildlife corridor. Should the Secretary sign the withdrawal, which we expect she will, next steps will include obtaining funding for the Environmental Assessment, completing the assessment and updating the Resource Management Plan. LPA will continue to be actively involved and look forward to the day we can all enjoy these lands.
- **Pipelines** – As we have since our founding in 1974, LPA is directly involved in trying to protect Placitas from the danger posed by three high-pressure pipelines. We submitted an objection to the Corps of Engineers about the so-called "remedial work" done along Las Huertas Creek in 2022 that resulted in removal of junipers, re-contouring banksides and heavy fortification in the creek bed. We have received no assurance this won't happen again.
- **KUPR 99.9 LPFM** (your community radio station) – We spent 2023 evaluating where and how we can reach more listeners and improve the quality of the stream. A new streaming service helped but the unreliability of internet in Placitas continues to be a problem. We are evaluating the cost and advantages of moving to fiber in 2024. 2023 brought Los Trinos, Bébé LaLa, Jono Manson and another great Gathering of the Spirits to Placitas. Your continued support at our live music events is a major fundraising tool. Our first 2024 event will be St. Patrick's Day at Placitas Winery – we hope to see you there!
- **Publications** – We continue to edit Michael Crofoot's collection of writings and field notes. The wildflower, tree and grasses documents are on the website with the section on shrubs still in process.
- **Volunteer** – Both Las Placitas Association and KUPR Radio are seeking a communications volunteer to expand our voice in the community, especially someone tuned into the power of social media.
- **LPA's focus is on Quality of Life** – the livability and sustainability of this wonderful place we call home. The most important work we do is the grass roots effort of joining with the greater community in the struggle to maintain a clean and healthful environment for all who share this space. Sometimes this involves community organizing and often it is one on one, learning from those who came before us. We will continue to reach out to all of you to inform and call to action, when needed, to protect the land, the water and the wildlife corridors. We need your support to continue this work. If you are not already a subscribing member, it's easy. Just go to www.lasplacitas.org.

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Sandoval Signpost is published monthly by Ctrl+P Publishing, LLC. Our mailing address is 317 Commercial St NE #201 Albuquerque, NM 87102. Bulk postage is paid at Placitas, NM. As a local newspaper of general interest to residents of Placitas, Bernalillo, Corrales, Rio Rancho, and other areas of southeastern Sandoval County, we invite readers to submit stories, letters, poetry, and photographs of artwork for publishing consideration. We welcome advertising of interest to our readership area.

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The Sandoval Signpost is printed with soy ink on recycled newsprint.

Meetings Schedule

SANDOVAL COUNTY
To view the agendas for upcoming meetings and read past meeting minutes, visit sandovalcountynm.gov/commission/secmeetings/

Sandoval County Commission
Mar. 27, 6 p.m.
Sandoval County Chambers
1500 Idalia Rd., Building D

Planning and Zoning Commission
Apr. 9, 4:30 p.m.
Sandoval County Chambers
1500 Idalia Rd., Building D

Sandoval County Commission
Apr. 10, 6 p.m.
Sandoval County Chambers
1500 Idalia Rd., Building D

BERNALILLO
To view the agendas for upcoming meetings and read past meeting minutes, visit tobnm.gov/government/town_council/agendas_and_minutes.php

Town Council
Mar. 25, 6:30 p.m.,
Bernalillo Town Hall

Town Council
Apr. 8, 6:30 p.m.,
Bernalillo Town Hall

Town Council
Apr. 22, 6:30 p.m.
Bernalillo Town Hall

VILLAGE OF JEMEZ SPRINGS
To view the agendas for upcoming meetings and read past meeting minutes, visit jemezsprings-nm.gov/meetings/

Lodgers Tax Advisory Board
Apr. 3, 9 a.m.

Village Council
Apr. 12, 6 p.m.

RIO RANCHO
To view the agendas for upcoming meetings and read past meeting minutes, visit rrnm.gov/2303/Watch-and-Download-City-Meetings

Planning and Zoning Board
Mar. 26, 6 p.m.
Rio Rancho City Hall

Governing Body
Mar. 28, 6 p.m.
Rio Rancho City Hall

Lodgers Tax Advisory Board
Apr. 4, 10 a.m.
Rio Rancho City Hall

– NOISE from page 1

noise levels are permitted - daytime: 6 a.m. to 9 p.m. and nighttime: 9 p.m. to 6 a.m. The ordinance also allows for temporary exceptions and outlines specific cases where the rules do not apply.

“What OSHA defines as normal urban residents’ noise, is 50 decibels,” said Wells. “That’s why we have what we proposed was 55 (decibels in residential areas) and then nighttime going down to 50 (decibels).”

The current ordinance grants officers discretion in enforcing noise violations. Instead, the proposed one would require officers to use decibel meters. According to Wells, officers would determine the property lines upon arriving at a location with excessive noise. They would then position themselves at the property line and measure the sound levels to determine the extent of the issue. The measurement process would always be based on accessibility to the perceived problem area and the results would be documented because it is a crucial aspect of the enforcement process.

The Mayor and the council members spent over an hour discussing the proposed ordinance and asking Wells numerous questions.

“I think there needs to be some clarity, I think there needs to be a definition. What that is exactly?” said Mayor Gregg Hull. “I’m gonna lean on my, on my governing body members to help figure this out.”

The deadline to submit suggestions is Friday, March 29. A non-voting work session will be held on Monday, April 1 for the council to review the proposed ordinance suggestions.

The proposed ordinance can be viewed here, residents can give their input at rrnm.gov/noise.



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Proposal to Shake Up Library Board Gets Postponed

By Jesse Jones, Sandoval Signpost

The Sandoval County Commission voted to table a proposed county library board ordinance that would have redistributed board members and money around the county.

In fact, at the County Commission meeting on March 13, the commissioners voted to postpone the creation of a Sandoval County Library Board indefinitely.

Librarians, community leaders and residents from around the county came to the meeting to voice their opposition to an ordinance they say is heavily weighted towards Rio Rancho.

“It was very gratifying to see all the support for the libraries, and the commission listened to our concerns and made the right decision,” said Lynnette Fields, chair of the Placitas Library Board.

According to Marian Frear, the Director of the Corrales Community Library, the proposed countywide board aimed to distribute library bond funds and would have consisted of 12 members.

The board would have comprised of one member each from Bernalillo and Corrales. Rio Rancho would have had six members, three of which would represent a library in Rio Rancho, while the remaining



Donor Wall Unveiled at Placitas Library. (Courtesy Placitas Library)

three would be appointed by the Rio Rancho governing body. The remaining four members would be selected to represent all communities in the county with populations under 6,000.

According to the ordinance resolution draft, “Rio Rancho’s position has been that if they are over 70 percent of the County’s population and pay over 63 percent of the taxes, their representation on the Library Board should reflect

these factors...Rio Rancho will not agree to participate in any Board or Agreement in which they bring a significant majority of the population and tax base and have their voice minimized.”

“This premise that library money should be allocated by population and taxes is simply invalid,” said Jemez Springs Library Director Janet Phillips, during the public comment period of the meeting. “For example, because our rural library location

is surrounded by unincorporated towns, Jemez Springs Public Library supports a population over eight times larger than our legal service area.”

In addition to library staff and board members, State Senator Brenda McKenna (D-Bernalillo and Sandoval) and Cochiti Lake Mayor Don Topper spoke against the ordinance during the public comment.

McKenna said she was concerned about the lack of pueblo inclusion in the ordinance. “I do not see in the document where pueblos will be involved in the board or that they were consulted.”

“You can’t have a library board where one community can dominate with force,” said Topper.

According to Frear, the county finance department has traditionally contacted each library directly to discuss their needs and allocate funds accordingly, a process that has generally been effective.

Following an explanation of the ordinance from Commission Chairmen David Heil, the commissioners unanimously voted to postpone the ordinance indefinitely.

“So there won’t be an ordinance. At least I won’t be bringing one back,” said Heil. His term ends in November.

Placitas Geologist Publishes Debut Novel

By Tierna Unruh-Enos, Sandoval Signpost

D.J. Green never thought about being an author. She never really thought about writing outside of her field of geology, let alone publishing a novel.

“Writing a book is a huge undertaking,” Green told the *Signpost*. “I think I started to be interested in learning about the craft of writing and how to speak to non-science readers.”

Her debut novel, “No More Empty Spaces,” publishes on April 9. Her book is infused with geological subjects, which is rare in a fictionalized novel. “No More Empty Spaces” is set in Turkey in 1973, as an American ex-pat family faces rifts and fissures, just like the landscape.

The now-retired geologist moved to Placitas almost 25 years ago to heal from the death of her husband. “This place has been very nurturing, and the mountains have been home for me.” Now Green spends seven months out of the year in Placitas and the rest of the time in the Pacific Northwest on a sailboat.

She began writing as a hobby at

the Iowa Summer Writers Festival thinking it would be a fun exercise in learning a new craft and language to communicate with. She took her time, some 14 years, writing when she could in hotel rooms while attending conferences or in any spare time she had. “It’s taken me a long time to get here, having a full-time job and other responsibilities didn’t allow for a lot of downtime to write this novel.”

“I’ve always been fascinated by the Earth,” said Green. “I think my main character for this novel came out of that fascination, but as I started writing more, he evolved into something more.”

Green says at the heart of “No More Empty Spaces” is a family story, one that she hopes will connect with readers. “The story is set in Turkey, which is rich historically, geographically, culturally and metaphorically. I think that combined with people understanding family dynamics and its intricacies make for a great story,” she said.

Being a huge fan of independent bookstores, Green is having her launch party at Bookworks located at 4022 Rio Grande Blvd. NW on April



Placitas geologist turned author D.J. Green. (Photo courtesy the author)

13 at 6 p.m.

Although she’s basking in the glow of publishing her first book, she’s already thinking about the future. “I’ve got a second novel in the works,” she said. This time, the main character is a skipper on a boat, something she now feels very

comfortable writing about.

“We have a blue water boat, so although we mostly stay in the PNW, we could take her out to sea if we wanted. I think maybe we will someday,” she laughs.

To learn more about D.J. Green and her work, visit geologistwriter.com

Intel Secures \$8.5 Billion and Loans From Biden Administration for Chip Production, Including in Rio Rancho

Governor highlights changes to laws that incentivized Intel reinvestment in New Mexico

By Sandoval Signpost Staff

President Biden's push to expand domestic production of logic chips could net Intel \$8.5 billion from the federal government to help Intel's Rio Rancho campus complete the modernization of two fabs into advanced packaging facilities and support additional Intel projects in Arizona, Oregon and Ohio.

The company and the Biden-Harris administration have reached a "preliminary memorandum of terms" making that direct funding and an additional \$11 billion in loans available to Intel, according to an announcement from the US Dept. of Commerce earlier this morning.

"AI is supercharging the digital revolution and everything digital needs semiconductors. CHIPS Act support will help to ensure that Intel and the U.S. stay at the forefront of the AI era as we build a resilient and sustainable semiconductor supply chain to power our nation's future," Intel's CEO Pat Gelsinger said in a statement this morning.

The funding comes from the CHIPS and Science Act, a federal

law passed by Congress and signed into law by Biden in 2022. At the time of the bill's signing, the White House stated, "America invented the semiconductor, but today produces about 10 percent of the world's supply—and none of the most advanced chips. Instead, we rely on East Asia for 75 percent of global production." Biden highlighted the CHIPS and Science Act in his recent State of the Union address as an example of America reclaiming its position as an international leader in science and technology.

When the Act was passed, US Senator Martin Heinrich (D) foretold that the programs in the bill would have an outsized impact on New Mexico: "This bipartisan legislation will serve as a launchpad for scientific innovation and manufacturing at places like Intel in Rio Rancho, and allow America to maintain our competitive leadership over China. The bill delivers resources to support the work of our National Labs in New Mexico, including protecting America's national security interests. And when it comes to New Mexico families, this legislation will ease

inflation by addressing supply chain backlogs for everything from washer and dryers to cars, all while bringing these costs down."

The funds will not be available immediately, however. The current announcement of terms will be followed by months of due diligence to evaluate Intel's expansion plans against the law's eligibility requirements.

Intel, however, is already moving forward with its expansion in Rio Rancho and the three other US locations. In 2021, Governor Michelle Lujan Grisham and Intel executives had announced that the company planned to invest \$3.5 billion in upgrading the Rio Rancho site and that work is already underway. According to the governor's office, changes to the state's Local Economic Development Act (LEDA) to allow for a portion of construction-related Gross Receipts Tax to be rebated back to companies for large, significant, job-creating projects contributed to Intel's decision to reinvest in Rio Rancho, extending the life of that plant and the local jobs it supports.

"Today's announcement is a massive step towards ensuring America's leadership in manufacturing for the 21st century. With this agreement, we are helping to incentivize over \$100 billion in investments from Intel – marking one of the largest investments ever in U.S. semiconductor manufacturing, which will create over 30,000 good-paying jobs and ignite the next generation of innovation," said U.S. Secretary of Commerce Gina Raimondo. "This announcement is the culmination of years of work by President Biden and bipartisan efforts in Congress to ensure that the leading-edge chips we need to secure our economic and national security are made in the U.S."

Over the course of the next five years, Intel expects its investments in the United States to exceed \$100 billion, as it expands capacity and capabilities in Arizona, New Mexico, Ohio, and Oregon, estimated to directly create over 10,000 manufacturing jobs and nearly 20,000 construction jobs. The Rio Rancho campus expansion is expected to support 700 permanent

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Winter Escape to the Jemez

By Justin Schatz, Columnist

Winter is always a treat in New Mexico, especially with a highly prolific El Nino season. Powder was in abundance and the smell of pinon burning punctuated the night. But, the sweetness of spring is always on the horizon. With longer and warmer days it's difficult not to daydream of escaping into the mountains for a day or weekend.

For Albuquerque residents, the Jemez has always been the gateway to the Rockies. The southernmost extent of the Rocky Mountains, the Jemez mountains are often the first to thaw and offer deeper access into Santa Fe National Forest. For those unacquainted with the range, locals have long sought its parks (meadows), ease of access, countless forest roads, and numerous hot springs.

Early season access will be found on trails lying below 8,000 ft. Battleship Rock is an excellent early-season option. A symbolic landmark on the way to Valles Caldera, Battleship Rock pierces the thick forest of Ponderosas and rises 200 ft above San Antonio

Creek and the east fork of the Jemez River. Composed of rhyolite ash and pumice, the towering feature reflects the rich volcanic history of the range. The smell of sulfur will greet visitors before the landmark comes into view.

Forest Trail 137 lies on the east side of Hwy 4 and at the base of Battleship Rock. There's a large parking lot that's difficult to miss. The trail offers access to two prized gems within the range: McCauley Warm Springs and Jemez Falls.

McCauley Warm Springs is justly named. The spring has an average temperature of 95 degrees, but what it lacks in warmth it more than compensates with beauty. The springs consist of several pools that cascade into the East Fork of the Jemez River. Due to the two-mile hike to the spring, McCauley sees significantly less use than Spencer Hot Springs located a few miles up Hwy 4.

The deepest of the pools is roughly three feet in depth and is populated by a population of guppies identified as *Poecilia reticulata*. This population of non-native guppies has miraculously managed to thrive and sustain itself over countless years.



McCauley Warm Springs. (Photo credit Justin Schatz)

No one knows when the guppie was introduced to the isolated spring, but they've managed to sustain themselves on the local flora and occasional nibbles on visitors' toes. It's no more than a tickle and is reminiscent of an upscale spa treatment.

For those seeking a little more ruggedness from the trail, the trail up to Jemez Falls follows the East Fork of the Jemez River and sees far less traffic than McCauley Warm Springs.

The East Fork of the Jemez River is one of the more prolific bodies of water for trout. Browns, Rainbows, and Cutthroat trout populate this isolated stretch of river. Anglers will find luck in the innumerable deep pools that define the tributary.

As far as early-season access to the Rockies goes, it's difficult to beat the Jemez. Springs, empty trails, and early-season angling await those ready to ditch the ski resorts for a quieter escape.

First Responder Spotlight: Shannon Farrell

First Responder Spotlight is a monthly column provided by the Sandoval County Optimist Club.

Captain Shannon Farrell started with the Sandoval County Fire Department in 2005, the year the department changed from all volunteers to career firefighters/EMTs. She felt called to do firefighting. Working in security at the Albuquerque federal building, she observed a security officer rush to the rescue of a fellow officer who was having a seizure. She wanted to be able to do that. She went to EMT school on her own and served with Albuquerque Ambulance for twelve years before joining the Sandoval County Fire Department. Since then she has become certified in all areas and was promoted to captain rank two years ago.

Farrell's current duties are concentrated in community health and safety. When paramedics in the department respond to peoples' medical calls they also identify their ongoing medical needs and home environments and report to Farrell so she can assess the need for additional services. She may accompany



Captain Shannon Farrell (Courtesy Sandoval Fire Dept.)

patients to their doctor appointments to act as a liaison, making sure transportation is available, and connecting the patient with senior services and other county programs.

Farrell went to homes during the COVID-19 pandemic to administer vaccines and teach CPR and first aid. She does home safety inspections, teaches health care, appears at health fairs and school programs, and provides Staying Alive in Placitas and Stop Bleeding classes. In all efforts, she is aided by the department paramedics. As if she were not busy enough when she is at home she and her husband train canine unit dogs used statewide in search and find efforts. We are being well served.

Community Briefs

By Sandoval Signpost staff

E-Cycling Event

Keep Bernalillo Beautiful Board will be hosting an E-Cycling Event so that residents will be able to safely recycle old electronics. The event is free and will be on Apr. 6 from 9 a.m. to 12 p.m. at the Bernalillo Municipal Court Building. This is a drive-thru event so please stay in your car as staff will be available to unload your car.

Calling All High School Artists

The 2024 Congressional Art Competition submission box is open to all high school students who are residents of New Mexico's First Congressional District. This year's competition has no theme which means you can bring any piece of New Mexico that you would like to Washington D.C. All artwork must be two-dimensional and can be no larger than 26 inches high, 26 inches wide, and 4 inches deep. If your artwork is selected as the winning piece, it must arrive in Washington, DC, framed. Each entry must be original in concept, design, and execution and may not violate U.S. copyright laws. Deadline to enter is April 17 at 5 p.m. Visit stansbury.house.gov/services/art-competition to submit your entry.

Spring Fling Sale

The Placitas Community Library is inviting you to join them at their Spring Fling Sale. This is a community outreach and fundraising event to support the library which is a non-profit organization. This year, the library's Spring Fling Sale will include a wide variety of plants, Talavera pottery from Mexico, books of all genres, puzzles, homemade baked goods, and much more. The event is free and will be held at the library on Apr. 20 from 10 a.m. to 4 p.m.

Spring Cleaning Rummage Sale

It's time to clean out your garage and attic and get ready for the new season. Take this opportunity to sell any items that are collecting dust in your attic/garage or stop by and browse what's on sale. The sale is on Apr. 6 from 8 a.m. to 2 p.m. at Cabezon Park in Bernalillo. There are vendor spaces available and are \$35 per booth. There will also be food trucks on site. If you are interested in being either a food vendor or would like a spot to sell any items please call (505)892-4499.

Remembering Linda Davis, Best Cowboy on the Place

If ranchers had royalty, Linda Davis would have worn a crown. She grew up on legendary ranches in northeastern New Mexico, began riding a horse as a toddler, and operated the historic CS Ranch with husband Les. He said she was the best cowboy on the place.

Linda died at home on her beloved land on Feb. 18. She was 93.

Born to Albert and Julia Mitchell on July 11, 1930, Linda was the fourth generation to grow up on the Tequesquite Ranch near Mosquero in Harding County. In 1931, Albert, a well known cattleman, became manager of the massive Bell Ranch in San Miguel County.

"I've always known how to ride," she said. As a tot, she sat in front of her grandfather on the saddle. "I remember vividly getting my own horse at three years old."

Her mother died in 1934. Linda told me in an interview in 1991, "I was basically raised by cowboys." When she became a mother later on, and her daughters wanted to wear ruffles, it was unfamiliar territory.

Linda could cook, but mainly she worked on the ranch with the men until 1947.

All She Wrote



Sherry Robinson

"I would say my dad was probably ahead of his time. My dad had

this attitude I was going to grow up on a ranch and learn to do everything," she said.

Linda studied agricultural science at Cornell University and in 1953 married Les Davis.

His grandfather, Frank Springer, started the CS Ranch in 1873 when he became a lawyer for the Maxwell Land Grant Co. Frank named the ranch near Cimarron for his brother, Charles Springer. In 1881, Frank bought Hereford cattle, the ranch's foundation stock.

Les had grown up in Philadelphia. As a Dartmouth College student he was curious about his mother's family ranch. Frank, who had no children, urged Les to come out. Les stayed.

"When she arrived at the ranch with her gear, the CS turned for the better," he once said. Linda and Les raised six children, who grew up working on the ranch. "All of them are deeply rooted in agriculture," said Linda.

When I visited the Davises, the CS was still a far-flung operation with deeded and leased lands from Springer to Raton. (It's bad manners



Linda Davis was named New Mexico Cattleman of the Year in 1990. Sherry Robinson photo

to ask ranchers how much land they own.) It included both cow-calf and yearling operations. In the former, a mother cow produces one calf a year for sale. In the latter, ranchers buy calves, graze them for three to six months, and sell them. The CS also had hay farming, hunting licenses, quarterhorses and racehorses, and leased fishing on Eagle Nest Lake,

built by the Springer brothers, to the state. The family sold the lake to the state in 2002.

Like many ranchers, Linda had great respect for Hereford cattle. They're smart and hardy and know how to act in big country, Linda explained.

"They get out and cover the country and utilize the grass. They're not that fond of being close to their neighbor. You can mix them up in a herd, and they'll pick out their own calves. They're good mothers, very protective. They have a seventh sense about weather."

Her obituary said, "She was always happiest on the back of a good sorrel horse working Hereford cattle."

Linda was honored many times, including New Mexico Cattleman of the Year, 1990; National Golden Spur Award, 1992; National Cowgirl Hall of Fame, 1995; and with Les (who died in 2001), Hall of Great Westerners, 2000. She was New Mexico's first representative on the National Beef Board. For decades, her license plate read MRSBEEF.

At 70 she became an EMT and served with the Cimarron Volunteer Ambulance.

Pause a moment now and remember Linda Davis, a great lady of the West.

Nine Stealth City Elections

Nine municipal governments around New Mexico held local elections a couple of weeks ago. If you didn't know anything about this, you're in good company.

For these municipalities, according to the Secretary of State, there were a total of 122,035 eligible voters. Of those, 9,785 voted. That is 8.02%.

In the off-year consolidated local elections last November, the average turnout was about 20%, or two and a half times as much as this turnout. The municipalities that held elections in March were Artesia, Clovis, Española, Rio Rancho, Santa Rosa, Bernalillo, Cuba, Jemez Springs and Ruidoso.

To remind you of how we got here, from the time of statehood, 1912, until a few years ago, the state constitution required that school board elections must be separate from all other elections. The reason, reputedly, was in 1912 women were not allowed to vote, but there was an exception for school elections.

Triple Spaced Again



Merilee Dannemann

That limitation ended when the federal 19th Amendment was passed in 1919.

The 1912 state constitution created a weird set of criteria making it almost impossible to reverse the voting restriction. It was so weird it was nicknamed the "unamendable" provision.

It was finally reversed a few years ago when we voters approved a state constitutional amendment, followed by a lawsuit in which the state Supreme Court overruled the "unamendable" restriction.

Now cities, school districts and other districts can hold their nonpartisan local elections together in November of odd-numbered years. But those nine municipalities have not adopted the new method.

Most of these municipalities had one or more contested city council positions as well as some uncontested ones. Several had a municipal judge on the ballot. A few had bond issues.

Here's a rundown of contested races:

Artesia had one contested city

council seat, one municipal judge and the prize for lowest voter turnout, 5.61%. A school board member had been elected in November.

Clovis had the mayor plus four contested city council seats; turnout 11.89%. In November the Clovis school board had two contested seats on the ballot. Villages in the same county (Curry) – Grady, Melrose and Texico – all had their municipal and school elections plus a community college board seat and a soil and water district in November, with a countywide 10% voter turnout.

Española had two contested city council seats and 6.51% turnout, almost as low as Artesia.

Rio Rancho had three contested city council seats, three bond questions, two propositions and 7.08% turnout.

Santa Rosa was the exception, with two at-large city council races and a 33% voter turnout: 646 ballots were cast out of 1,946 eligible voters.

The Town of Bernalillo had 8% turnout. It had one exciting town council seat with three candidates, whose vote totals were 333, 324 and 354. There might be a recount.

Cuba had three seats on the village council, turnout 14.97%.

Jemez Springs had three village trustees, turnout 15.38%.

Ruidoso had four contested councilor-at-large positions and 13% turnout. Lincoln County has several other municipalities and five school districts, all of which voted in November.

The advantage of a consolidated local election system is obvious. First and foremost, there's enough substance to encourage voters to pay attention. Voters have the convenience of going just once to the polls, as they do in even numbered years for the local, state and national partisan elections. Candidates for the sometimes obscure local districts, like water and sanitation, have a chance to get noticed. The financial savings of the shared election are considerable.

New Mexico has 105 municipalities (106 if you count the city-county of Los Alamos). If you live in one of the nine mentioned above, you might ask a city councilor why your community did not make the switch.

Contact Merilee Dannemann through www.triplespacedagain.com.

The Opinions of Political Candidates

Possibly my favorite thing about writing this column is interacting with readers. That goes for the critical comments as well as the positive. I try to reply as my day job and bourbon consumption allow.

(Here's a tip: if you want to criticize me, please make it conversational. Screeds that just focus on calling me a fascist/RINO/moron with no contribution to the political debate do not receive replies. Pejorative profanity gets blocked. Repeat screeds get blocked. I mean, I understand it is probably pretty fun and cathartic each week to break out the keyboard and tell me what a fascist/RINO/moron I am, but please know it's going straight to the spam folder after the second message.)

Every now and then I get what is for a pundit high praise: A suggestion I run for office. I simply cannot think of enough swear words to put in front of my very emphatic

Commentary



Merritt Hamilton Allen

"no." For print propriety standards, I'll just say, "hell, no."

I have seen the good side of public office – watching a family member really enjoy public service representing her community and supporting her constituents. I've also experienced first-hand the awfulness of campaigning in the 21st century. And primary voters are a big part of the problem. Allow me to explain.

The ongoing and ever-increasing political polarization and culture wars of this century have made primary election campaigning a true ideological minefield. Key to any campaign is the grassroots effort, which in New Mexico mostly means knocking on doors.

Door-to-door campaigning in the past has been a proven way to connect with your voters and help them connect with your campaign and values. The problem is, in recent years, national-level tribal issues have taken over the real issues that affect our lives in a more direct way.

For most legislative and even statewide elections, the issues to bring up when knocking on doors used to be jobs, the economy and education for both Democrats and

Republicans. No more. Now it's abortion, guns, and more recently, immigration. This is what voters want to hear about. And you must be very, very careful saying what you really think. None of these issues are black and white. But special interest groups, biased media outlets and straight up disinformation campaigns on the internet have made many primary voters "all or nothing" on these issues.

Depending on which party you are in, your answers will have to be:

Abortion: either a total ban, or complete access up to the day of delivery (i.e. Texas or New Mexico)

Guns: either everyone can have as many of any type on demand with no restriction or waiting period, or law-abiding gun owners must store their firearms in their homes unloaded in a safe (i.e., Mississippi or Massachusetts)

Immigration: something has to be done, but we aren't sure what (the parties seem to have the same non-position and in 2024, the Democratic Congressional caucus seems willing to take a harder line while the GOP fiddles in the flames).

Hitting the pavement knocking doors, you could never say, "I think

abortion should be legal until (16, 20) weeks and then allowed for medical reasons or in cases of rape or incest." You could never say, "The problem is we have too many guns in circulation, and any regulations will impact law-abiding citizens more than criminals. But we have to try something." But you know what? I bet, if polled, most Americans would agree with both statements.

And here's the other thing. If you have said anything on these tribal topics in the past, they will be used against you. In other words, if you have an opinion, keep it to your ownself, please, and just make something up for the election.

Here's how this can work. I was on NMPBS the week that the Las Vegas mass shooting happened in the fall of 2017. I opined on air that I thought Congress would have to take up the issue of after-market bump stocks and also gave some background on the National Firearms Act of 1934 which proscribed the public from owning military-grade weapons.

Read the full column at
sandovalsignpost.com



The Weekly Crossword

by Margie E. Burke

ACROSS

1 Much-used pencil

5 Drive off

9 Contemplate

13 Polk's predecessor

15 Lowly laborer

16 Himalayas' home

17 Pontificate

18 What moms-to-be are

20 Famed Ottawa chief

22 To some, it's golden

23 Beautiful, in Barcelona

25 ___-than-life

26 Blacken a bit

28 Weepily sentimental

30 Granola grain

31 An "M" in MGM

32 Photo finish

36 Burger topping

38 Good for nothing

40 Big name in copiers

41 Like some fans

43 Motorist's aid

44 It may be guided

46 Light-footed

47 Spot

50 Verbally abuse

52 Uniform shoulder piece

54 Fresh start

57 Rejected

59 Coeur d'Alene locale

60 Tooth trouble

61 Natural emollient

DOWN

1 "That's enough!"

2 Beginner

3 Mongolia's capital, formerly

4 Wager maker

5 Grandstand group

6 Curse

7 "My bad"

8 Former House Speaker Tip

9 Kind of instinct

10 With the help of

11 "___ when?"

12 Thirsty

14 Pull (in)

19 Had rights to

21 Prepared to shoot

24 Lord's Prayer starter

26 Gently urge

27 Suffer from

29 Oboe, e.g.

31 Upper jaw

33 Mild, weather-wise

34 Old autocrat

35 Take notice of

37 Dell product

39 Colander kin

42 2023 Matt Damon movie

45 Plaything for two

46 Patio door

47 Dental woe

48 Speedily

49 Bygone Turkish title

51 Heron's cousin

53 Flooring choice

55 Impact sound

56 Brewers' needs

58 Slip on

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Legal Notice

Notice to Creditors

In the matter of the estate of Jan E. Marfyak, deceased, late of Rio Rancho, NM, who passed away on 09 December 2023.

All creditors and claimants are hereby notified that they must present their claims within 30 days from the date of this notice.

The executor of the probate is Amber Gray-Fenner. Any inquiries or claims should be directed to PO Box 66613, Albuquerque NM 87193.

Further information regarding the estate's assets and outstanding debts can be obtained from the executor.

Dated: 01 March 2024

Amber Gray-Fenner
Executor
PO Box 66613
Albuquerque NM 87193

EVENTS

FRIDAY, MARCH 22

Comedy
Willie Barcena \$30-\$40 7-8:30 pm
Quezada’s Comedy Club at Santa Ana Star
54 Jemez Canyon Dam Road, Santa Ana
Pueblo, Santa Ana Pueblo, 004

Willie Barcena \$30-\$40 9-10:30 pm
Quezada’s Comedy Club at Santa Ana Star
54 Jemez Canyon Dam Road, Santa Ana
Pueblo, Santa Ana Pueblo, 004

Food
25th Anniversary Feast \$50-\$100 11 am-9
pm Turtle Mountain Brewing Company
North 7835 Enchanted Hills Blvd., Rio
Rancho

Music
Bluehouse 7:30-9:30 pm Casa Vieja
Brewery 4541 Corrales Rd, Corrales

SATURDAY, MARCH 23

Class / Workshop
Basic Astrology & You \$45 4-6 pm Circle
Round Boutique 4486 Corrales Road,
Corrales

Daily: The Mayor Hull Show. Go to rrm.gov/mayorhullshow. Rio Rancho Mayor Gregg Hull talks about issues facing Rio Rancho.

Daily: Recreating at Valles Caldera National Preserve. The park landscape remains open to vehicles along NM-4 and pedestrian/bicycle access along trails, as designated. For a complete list of activities at the National Preserve, go to tonps.gov/vall/index.htm.

Mondays: Bernalillo/Placitas open Al-Anon meeting for families and friends of alcoholics/problem drinkers. 7:30-8:30. Held at the Bernalillo United Methodist Church, 136 Calle Don Andres (behind Abuelitas), Bernalillo. Maximum: 12 people; masks required. Info: 262-2177.

Second Monday: Eastern Sandoval Citizens Association (ESCA) monthly meeting. 4 p.m. Held at the Placitas Community Library.

Second and fourth Mondays: Bernalillo Town Council meeting. 6:30 p.m. Held at Bernalillo Town Hall. Info: call 867-3311, townofbernalillo.org.

Mondays through Saturdays: Alcoholics Anonymous meetings in Bernalillo. For a complete list of schedules, visit the website at albuquerqueaa.org or call Central Office at 266-1900, open 24/7.

First Tuesdays: Albuquerque Newcomers’ Club Welcome Coffee. 10 a.m. Held at Sandia Presbyterian Church (not affiliated with church)—10704 Paseo del Norte. Membership is open to residents who have lived in the Albuquerque area (including Sandoval County) for five years or less, or who are having major changes in their lives. Make new friends and increase your social life. Sign up for monthly luncheons and speakers, dining out, visits to area attractions, book and movie groups, bridge, bunco, mah-jongg, walking, wine tastings, etc. Singles’ and men’s groups. abqnewcomers@gmail.com. 321-6970.

First Tuesdays: Coronado Kennel Club meeting. 7:30 p.m. All-breed kennel club. Schedule changes in August and December. Call 867-4510 for meeting location.

First Tuesday: Monthly ice cream social hosted by the Kiwanis Club. 6 p.m. Held at the Paleta Bar in Bernalillo—510 NM Highway 528.

Third Tuesday: Open meeting of the Sandia Vista Amateur Radio Club. 7 p.m. Held at Fire Station 41 on highway 165, just east of the Placitas Community Library. Everyone is welcome to attend meetings, whether or not they have an FCC License.

Third Tuesdays: Bead Society of New Mexico (BSNM) Monthly Membership Meeting. 6-8 p.m. We do not meet in July or December. Please check our website in case of occasional changes. Heights Cumberland Presbyterian Church, 8600 Academy Road NE. For more information, go to beadsocietyNM.org.

Third Tuesdays: Monthly meeting of the Republican Party of Sandoval County (RPSC). 7 p.m. at Gospel Light Baptist Church, 1500 Southern Boulevard in Rio Rancho. SandovalGOP.com.

Comedy
Willie Barcena \$30-\$40 7-8:30 pm
Quezada’s Comedy Club at Santa Ana Star
54 Jemez Canyon Dam Road, Santa Ana
Pueblo, Santa Ana Pueblo, 004

Willie Barcena \$30-\$40 9-10:30 pm
Quezada’s Comedy Club at Santa Ana Star
54 Jemez Canyon Dam Road, Santa Ana
Pueblo, Santa Ana Pueblo, 004

Community
Heather Balas for New Mexico Campaign
Celebration 5-7 pm Perea’s Tijuana Bar &
Restaurant 4590 Corrales Rd., Corrales

Markets
Rocky Mountain Gun Show \$13-\$15 9 am-4
pm Rio Rancho Events Center 3001 Civic
Center Cir NE, Rio Rancho

Miscellaneous
Eggs n Beggin’ Pet-Acular \$0-\$5 10 am-3
pm Cabezon Community Center and Park
2307 Cabezon Blvd. SE, Rio Rancho

Ostara and the Full Moon of Fickle Winds
6-9 pm Unitarian Universalist Westside
Congregation 1650 Abrazo Rd. NE, Rio
Rancho

Third Tuesdays: Sandia Vista Amateur Radio Club. 7 p.m. Help provide emergency communications in Placitas. Become a “HAM” radio operator. We will help you get your FCC license. Visitors welcome. Held at the Placitas Fire Station No. 41, Hwy 165, near the Library. sandiavista.net.

Fourth Tuesdays: Pathways: Wildlife Corridors of NM monthly meeting. 6:30 p.m. Held at Placitas Community Center. Open to the public. pathwayswc.wordpress.com.

Fourth Tuesdays: Eastern Sandoval County Arroyo Flood Control Authority (ESCAFCA) meeting. 6 p.m. Held in the Town of Bernalillo Council Chambers. Persons wishing to be on the agenda or persons with disabilities who need accommodations should call 771-7110 by the first Tuesday. Board meeting agenda is posted on the ESCAFCA website (escafa.com) and at the front desk of the Town Hall by Friday preceding the meeting.

Fourth Tuesdays: Placitas Democrats and Friends. 6-7:30 p.m. Held at Placitas Community Library. Meetings are open to the public and feature candidates for local, state, national offices; sandovaldemocrats.org. 259-5860.

Tuesdays: Haven House Domestic Violence Support Group for women whose lives have been touched by domestic violence. 6:30-8:00 p.m. Topics include: Dynamics of Domestic Violence, Safety Plans, Developing Healthy Relationships, and information about available services. All sessions are confidential and free of charge. Held at Rio Rancho First Baptist Church, corner of Route 528 and 19th Avenue. 896-4869 or 1-800-526-7157.

Tuesday and Thursday: Sandoval County Historical Society is open. 9-noon. Photo Archive, Library, and Family Research. Located between Warrior gas station and Santa Ana Star casino on US 550.

Tuesdays, Fridays, and Sundays: Play Pickleball. 1 p.m. Pickleball is a game played on a court with paddles and a whiffle ball. The court is smaller than a tennis court and allows people to play who no longer want to run and jump as they did in their younger years. Anyone can play, even if they have never played tennis. Info: 505-934-2649. At Bernalillo Recreation Center.

Second Tuesdays: Coronado Optimist Club of Bernalillo. 6 p.m. Held at 149 E Calle Don Francisco in Bernalillo. “Bringing out the best in kids” 505-867-4689.

Wednesdays: Boy Scout meetings. 7 p.m. 237 Camino Del Pueblo, Bernalillo. In front of Loretto Park. 505-506-2773.

Wednesdays: Rotary Club of Rio Rancho Sunrise. 7 a.m. For breakfast, fellowship, a great speaker, and a chance to get involved in local and worldwide service projects. At Club Rio Rancho (used to be Chamisa Hills CC), 500 Country Club Drive, Rio Rancho. Info: Mac McKinney, 892-4313.

First Wednesdays: Free civil legal clinic offered. 10 a.m.-1 p.m. Held in the third-floor conference room

Music
Glass Anvil 7-10 pm Brew Lab 101 3301
Southern Blvd. SE, Rio Rancho

Jazz to Go 7-9 pm The Range Cafe 925 S
Camino Del Pueblo, Bernalillo

Monsoon 7:30-9:30 pm Casa Vieja Brewery
4541 Corrales Rd, Corrales

SUNDAY, MARCH 24

Markets
Rocky Mountain Gun Show \$13-\$15 9 am-4
pm Rio Rancho Events Center 3001 Civic
Center Cir NE, Rio Rancho

Music
Kaktus Kats Blues Band Presents: Levi
Platero 2-5 pm Kaktus Brewing Co. 471
South Hill, Bernalillo

MONDAY, MARCH 25

Games
Singo Music Bingo 7-9 pm Brew Lab 101
3301 Southern Blvd. SE, Rio Rancho

of the Second District Courthouse, at the southwest corner of Lomas and Fourth, NW. Free legal advice on a number of civil legal issues. No family law services will be offered. Attendance is limited to the first 25 persons who qualify for low-income assistance. Interpreters and bilingual attorneys will be on hand. Attendees should bring all of their paperwork. Expect about a thirty-minute, free legal consultation. 797-6077.

Second Wednesdays: Visionary Arts & Crafts Guild (VACG) monthly membership meeting. 6-8 p.m. VACG’s mission is to develop a fellowship among craftspeople and facilitate a market for crafts. The VACG supports the “Art of Craft” through exhibitions, education, and public awareness to promote the development and appreciation of craftspeople and their work. Meets all months except October, November, and December. Info: vacgnm@gmail.com, facebook.com/vacgnm, VACGNM.com.

Second Wednesdays: Rio Rancho Art Association (RRAA) monthly membership meeting. 6:30-8:30 p.m. RRAA is a non-juried/all mediums regional art association. You need not be a resident of Rio Rancho to join. Held in Don Chalmer’s Ford Community Room, 2500 Rio Rancho Boulevard, Rio Rancho. rraasa.org, rioranchoartassociation.blogspot.com or 301-2009.

Second and fourth Wednesdays: Sandoval County Civitans meet. 6:00 p.m. Held at Fair Winds, 920 Riverview Drive SE, Rio Rancho. 898-6884.

Second and fourth Wednesdays: Sandoval County Commission meeting. 6 p.m. Unless otherwise noted, all meetings will be held in the Sandoval Administration Building, 1500 Idalia Road Building D, Bernalillo. Info or meeting agenda: sandovalcounty.com, 867-7500.

Third Wednesdays: Las Placitas Association meets in person. 6 p.m. Visitors are welcome. Email: theboard@lasplacitas.org for an invitation and further details.

Thursdays: Sandoval County Historical Society archives and library are open to members and the public for family research. 9 a.m.-Noon. Bernalillo. Info: 867-2755.

First Thursdays: Sandoval County veteran’s outreach and business counseling. 1-4 p.m. Held at the Sandoval County Administrative Building, 1500 Idalia Road in Bernalillo. All honorably- discharged veterans may be entitled to VA benefits and state Veteran benefits. Come learn about your potential benefits. Bring your DD-214. 383-2414.

First Thursdays: Art and Music at the Loma Colorado Main Library Auditorium, Rio Rancho. Info: riorancholibraries.org, 505-891-5013.

Third Thursdays: Placitas Community Library Board of Directors meetings. At the Placitas Community Library, 453 Hwy 165. 6:30 p.m. Open to the public. Meeting agendas are posted at the library and Placitas Post Office.

Fourth Thursdays: Sandoval County Development Planning & Zoning Commission. 6 p.m. Held at the Sandoval County Administration Building, 1500 Idalia Road., Bldg. D, Bernalillo.

Trivia! With Trivia Mafia 6-9 pm Ex Novo
Brewing 4895 Corrales Rd, Corrales

Reading
Corrales Library Book Club 2:30-4 pm
Corrales Community Library 84 W. La
Entrada, Corrales

TUESDAY, MARCH 26

Class / Workshop
Tuesday Tech Classes 1-3 pm Corrales
Community Library 84 W. La Entrada,
Corrales

Community
Food & Water Action: Local Resolution
Action Meeting 4:30-5:30 pm Corrales
Community Center 4324 Corrales Rd. ,
Corrales

Veterans Business Support Coalition
Meeting 4:30-6:30 pm Turtle Mountain
Brewing Company South 905 36th Pl. SE,
Rio Rancho

Games
Chess Club 6-7 pm Corrales Community
Library 84 W. La Entrada, Corrales

Last Thursdays: Sandoval County veteran’s outreach and business counseling. 11 a.m.-2 p.m. Held at 433 Meadowlark SE in Rio Rancho. All honorably-discharged veterans may be entitled to VA benefits and state Veteran benefits. Come learn about your potential benefits. Bring your DD-214. 383-2414.

Fridays: Sandoval County Stroke Support Group. 11 a.m.-12:30 p.m. Provides weekly support to survivors of stroke, their caregivers, adult family members, health care providers. Water & light snacks provided. No charge for meetings. Social outings arranged six times/year. Contact Geri: 620-8802.

First Fridays: Monthly luncheon of the Democratic Party of Sandoval County. 11:30 a.m.-1 p.m. Range Cafe in Bernalillo, 925 Camino del Pueblo. Sandoval Democrats gather once a month (most months) to welcome speakers, candidates, and government representatives. You pay for your lunch from the menu, or come for just the meeting. sandovaldemocrats.org.

Third Friday: Luncheon of the San-Bern Federation of Republican Women. Starts at 11:00 a.m. Held at Pelican’s East or West 9800 Montgomery Blvd NE Albuquerque, NM 87111 and 10022 Coors Blvd NW Albuquerque, NM 87114. Contact Jeanette Nowers-Clark at 505-321-9189 Sanbernfrw1@gmail.com or Sanbernfrw.org.

Saturdays: Los Ranchos Growers’ Market. 8-11 a.m. Local farmers offer fresh produce, greens, eggs, fruit, honey, jams/jellies, baked goods, jerky, grass-fed beef, seedlings/plants, flowers, and more. Hot food vendors in attendance as well. Held in Village of Los Ranchos, in Tennis Court Parking Lot, 6718 Rio Grande Boulevard. Free and vendors accept WIC/Senior discounts. Montoya4664@hotmail.com, 610-9591, or Los Ranchos Growers’ Market on Facebook.

Saturdays: Casa Rosa Pantry. Open 9-11 a.m. Held in the pink house east of Las Placitas Presbyterian Church at 640 Highway 165, six miles east of I-25. Community outreach program provides nonperishable food items as well as dairy, frozen meats, and fresh produce as available for Placitas residents in need. Donations, volunteers welcome.

Third Saturdays: Rio Rancho Northwest Mesa NAACP meets “Virtual.” Public is invited.

Third Saturday: Monthly meeting of the National Association for the Advancement of Colored People (NAACP). 11 a.m. Held at the Don Newton Community Center, 4900 Kachina Street NW, in Albuquerque. All are welcome. rrnaacp.org

Second Sundays: Second Sunday Studio Shows. 5 p.m. Live Acoustic Music. Suggested Donation: \$20. Sponsored by Solamente Natural Plaster. Contact: Kent 205-6010, kent@solamentenaturalplaster.com.

Second Sundays: Placitas Cannabis Cultivators Club. 3-5 p.m. Experienced or novice growers welcome. Group is designed to help anyone who wants to grow cannabis do it better. Donations accepted; not required. Contact: 373 8860, luckylouabq@gmail.com, meetup.com (Placitas Cannabis Cultivators Club, Placitas, NM).

CLASSIFIEDS

To place a classified ad, email your ad or questions to: tierna@sandovalsignpost.com (Includes a free posting on the Signpost website.) For further information, visit: www.sandovalsignpost.com or call the Signpost office at 505-300-4087

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FOR SALE- Stunning, one of kind 1.5 Acre Unobstructed Sandia Mtns view lot. \$310,000.
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"SHE SAVED MY LIFE"

Albuquerque resident Dawn R. had been experiencing the painful side effects of Peripheral Neuropathy.
**"My feet and legs were extremely painful and my doctor told me there was nothing they could do.
That I would have to take Gabapentin for the rest of my life."**

Then she met Albuquerque's very own Dr. Andrea Brogdon

Peripheral Neuropathy is the pain, discomfort and numbness caused by nerve damage of the peripheral nervous system. Dawn explained that daily tasks like opening doors and using the bathroom were overwhelmingly painful. "How can you live for the next 30 years when you don't even want to get out of bed to do simple things?"

She was experiencing the burning, numbness, tingling and sharp pains that those suffering with neuropathy often describe. "The way that I would describe it, it's equivalent to walking on glass." Dawn hadn't worn socks in five years and was wearing shoes two sizes too big so that nothing would 'touch' her feet.

Unfortunately Dawn's story is all too familiar for over 3 million people in the U.S. suffering from Peripheral Neuropathy.

If you're unfortunate enough to be facing the same disheartening prognosis you're not sleeping at night because of the burning in your feet. You have difficulty walking, shopping or doing any activity for more than 30 minutes because of the pain. You're struggling with balance and living in fear that you might fall. Your doctor told you to 'just live with the pain' and you're taking medications that aren't working or have uncomfortable side effects.

Fortunately, four months ago Dawn read an article about Dr. Andrea Brogdon and the work she was doing to treat those suffering from

Peripheral Neuropathy, without invasive surgeries or medications.

Dr. Brogdon, founder of AAIM | Albuquerque Acupuncture & Integrative Medicine, is using the tested science of acupuncture and a technology originally developed by NASA that assists in increasing blood flow and expediting recovery and healing to treat this debilitating disease.

**"Now when I go to bed at night I don't have those shooting pains. I don't have that burning sensation. I don't have pain coming up my legs," Dawn enthusiastically describes life after receiving Dr. Brogdon's treatments.
"I can wear socks and shoes!"**

Dawn and her sister now operate a successful dog walking business, sometimes covering up to 5 miles a day.

**"It's life altering.
As far as I'm concerned
Dr. Brogdon saved my life!"**

Dr. Brogdon is helping the senior community using the most cutting edge and innovative integrative medicine. Specializing in chronic pain cases, specifically those that have been deemed 'hopeless' or 'untreatable', she consistently generates unparalleled results.

What was once a missing link in senior healthcare is now easily accessible to the residents of Albuquerque.

If you've missed too many tee times because of pain or you've passed on dancing because you're afraid of falling, it's time to call Dr. Brogdon and the staff at AAIM.

**It's time you let your golden years
BE GOLDEN!**

Dr. Brogdon is now accepting new patients but only for a limited time. In an effort to protect her patients, both current and future, she has made the difficult decision to limit the number of patients seen in her clinic. Only 10 new neuropathy patients will be accepted before the end of June so call (505) 355-1984 now to schedule a consultation.



**PERIPHERAL NEUROPATHY? 10400 Academy Rd NE Suite 210
Call (505) 355-1984 Albuquerque, NM 87111
to schedule a consultation! WWW.AAIM-ABQ.COM**